

# GOKYU JUDO RANK REQUIREMENTS

## One Orange Tip (Dojo Rank)

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|-----------------|---------------------|
| 1. Hadaka Jime  | Naked Strangle      |
| 2. Tomoe Nage   | Stomach Throw       |
| 3. Hiza Guruma  | Knee Wheel          |
| 4. Ko-soto gari | Minor Outer Reaping |
| 5. Koshi Guruma | Hip Wheel           |

## Two Orange Tip (Dojo Rank)

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|--------------------|------------------------|
| 1. Kata Juji Jime  | Half Cross Wringing    |
| 2. Gyaku Juji Jime | Reverse Cross Wringing |
| 3. Nami Juji Jime  | Normal Cross Wringing  |
| 4. Kata Ha Jime    | Single Wing Wringing   |
| 5. Okuri Eri Jime  | Sliding Lapel Wringing |

## Orange Belt (Dojo Rank)

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|---------------------|------------------------|
| 1. Tzuri Komi Goshi | Left Pull Hip          |
| 2. Morote Seoi Naga | Two Arm Shoulder Throw |
| 3. Uki Goshi        | Floating Hip Throw     |
| 4. Sumi Gaeshi      | Corner Counter         |
| 5. Morote Gari      | Two Arm Clip           |

These five requirements shall be mandatory for each rank:

1. Judo etiquette and courtesy
2. Terminology and history
3. Spirit
4. Attitude
5. Waza (technique)