

SANKYU JUDO RANK REQUIREMENTS

- Minimum time in Judo two (2) years
- Good moral character and maturity.
- Good attendance record.
- At least a "C" average, if still in school.
- Minimum age eight (8) years.

All information that was included on the ROKYU (Yellow Belt) test.

All information that was included on the GOKYU (Orange Belt) test.

All information that was included on the YONKYU (Green Belt) test.

Throwing Techniques

1. Ashi Guruma	Foot Wheel
2. Ko Soto Gake	Minor Outside Hook
3. O Guruma	Major Wheel
4. Sumi Otoshi	Corner Drop
5. Tani Otoshi	Valley Drop Throw
6. Sode Tsuru Komi Goshi	Sleeve Lifting Pulling Hip
7. Ura Nage	Back Throw
8. Yoko Guruma	Side Wheel
9. Utsuri Goshi	Changing Hip Throw
10. O Soto Maki Komi	Major Outer Wrap Around

Three (3) Combination Techniques

Three (3) Counter Techniques

Three (3) Left-handed Throwing Techniques

Referee's Signal

- | | |
|------------|-------------------|
| - Ippon | - Toketa |
| - Wazari | - Matte |
| - Yuko | - Winner |
| - Osaekomi | - Non-combativity |

A general ability to referee for Juniors

Nage No Kata